

KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ 13:45 The listed starttimes are indicative!

Coaches: Boone Joris

Coaches: Van Gansbeke Wim HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 50M FREESTYLE WOMEN 14+

Heat:1, starttime: 14:00

Heat: 1/3 Lane : 3 Athlete: DEPAEPE LANA		Q-time: 00:34:93
PB (50m pool): 00:34.93 Zwembad Brigitte Bucue 30/05/2025 PB (25m pool): 00:34.23 SB: 00:36.58 Brugge 01/02/2026		
5 0 M		
PB	00:34.93	
	00:34.93	
	...	

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 14+

Heat:1, starttime: 14:00

Heat: 1/3 Lane : 5 Athlete: ROSSEAU RINSKE		Q-time: 00:33:37
PB (50m pool): 00:32.84 Gent (Rozebroeken) 03/03/2024 PB (25m pool): 00:32.66 SB: 00:33.08 Gent 08/02/2026		
5 0 M		
PB	00:32.84	
	00:32.84	
	...	

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 14+

Heat:1, starttime: 14:00

Heat: 1/3 Lane : 6 Athlete: VAN GANSBEKE NORÉ		Q-time: 00:35:23
PB (50m pool): 00:34.36 Gent 08/02/2026 PB (25m pool): 00:32.45 SB: 00:34.36 Gent 08/02/2026		
5 0 M		
PB	00:34.36	
	00:34.36	
	...	

Coach feedback:

KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 3: 50M FREESTYLE WOMEN 14+

Heat:2, starttime: 14:01

Heat: 2/3 Lane : 6 Athlete: DERAEDT TILLE

Q-time: 00:30:62

PB (50m pool): 00:30.30 Gent 08/02/2026

PB (25m pool): 00:30.28 SB: 00:30.30 Gent 08/02/2026

50 M	
PB	00:30.30
	00:30.30

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 14+

Heat:3, starttime: 14:02

Heat: 3/3 Lane : 5 Athlete: BHIJA NOOR

Q-time: 00:28:35

PB (50m pool): 00:28.35 Antwerpen 27/07/2025

PB (25m pool): 00:28.09 SB: 00:28.59 Gent 08/02/2026

50 M	
PB	00:28.35
	00:28.35

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 15+

Heat:1, starttime: 14:04

Heat: 1/2 Lane : 4 Athlete: CARIS EMIEL

Q-time: 00:27:46

PB (50m pool): 00:27.10 Brugge 01/02/2026

PB (25m pool): 00:27.99 SB: 00:27.10 Brugge 01/02/2026

50 M	
PB	00:27.10
	00:27.10

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 15+

Heat:2, starttime: 14:05

Heat: 2/2 Lane : 4 Athlete: BHIJA TARIQ

Q-time: 00:25:28

PB (50m pool): 00:25.25 Luxembourg 01/02/2026

PB (25m pool): 00:24.53 SB: 00:25.25 Luxembourg 01/02/2026

50 M	
PB	00:25.25
	00:25.25

Coach feedback:

KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 6: 100M FREESTYLE WOMEN 11+

Heat:4, starttime: 14:20

Heat: 4/7 Lane : 4 Athlete: DESMET MANON

Q-time: 01:13:01

PB (50m pool): 01:13.01 Antwerp 02/02/2025

PB (25m pool): 01:10.02 SB: no time

50 M		100 M	
PB	00:35.10	01:13.01	
	00:35.10	00:37.91	
	

Coach feedback:

Event number: 6: 100M FREESTYLE WOMEN 11+

Heat:5, starttime: 14:21

Heat: 5/7 Lane : 5 Athlete: VAN GANSBEKE RHUNE

Q-time: 01:10:92

PB (50m pool): 01:10.92 Zwembad Brigitte Bucue 30/05/2025 PB (25m pool): 01:08.58 SB: no time

50 M		100 M	
PB	00:34.27	01:10.92	
	00:34.27	00:36.65	
	

Coach feedback:

Event number: 6: 100M FREESTYLE WOMEN 11+

Heat:6, starttime: 14:23

Heat: 6/7 Lane : 3 Athlete: VAN NEVEL LEONOR

Q-time: 01:08:37

PB (50m pool): 01:06.39 GENK 24/07/2022 PB (25m pool): 01:03.85 SB: no time

50 M		100 M	
PB	no time	01:06.39	
	no time		
	

Coach feedback:

Event number: 6: 100M FREESTYLE WOMEN 11+

Heat:7, starttime: 14:25

Heat: 7/7 Lane : 5 Athlete: CARIS MARTHE

Q-time: 01:01:25

PB (50m pool): 01:01.25 Antwerpen 27/07/2025 PB (25m pool): 01:00.51 SB: no time

50 M		100 M	
PB	00:29.83	01:01.25	
	00:29.83	00:31.42	
	

Coach feedback:

KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 7: 100M FREESTYLE MEN 11+

Heat:3, starttime: 14:32

Heat: 3/7 Lane : 3 Athlete: BHIJA NASSIM

Q-time: 01:15:80

PB (50m pool): 01:17.33 Gent 08/02/2026

PB (25m pool): 01:15.80 SB: 01:17.33 Gent 08/02/2026

50 M		100 M	
PB	00:37.35	01:17.33	
	00:37.35	00:39.98	
	

Coach feedback:

Event number: 7: 100M FREESTYLE MEN 11+

Heat:4, starttime: 14:33

Heat: 4/7 Lane : 5 Athlete: TACK THORBEN

Q-time: 01:09:49

PB (50m pool): no time

PB (25m pool): 01:09.49 SB: no time

50 M		100 M	
PB	no time	no time	
	no time		
	

Coach feedback:

Event number: 7: 100M FREESTYLE MEN 11+

Heat:5, starttime: 14:35

Heat: 5/7 Lane : 6 Athlete: BEEL NOAH

Q-time: 01:07:63

PB (50m pool): 01:07.63 Antwerpen 20/07/2025

PB (25m pool): 01:04.03 SB: no time

50 M		100 M	
PB	00:33.01	01:07.63	
	00:33.01	00:34.62	
	

Coach feedback:

Event number: 7: 100M FREESTYLE MEN 11+

Heat:7, starttime: 14:38

Heat: 7/7 Lane : 4 Athlete: DESMET MILAN

Q-time: 00:53:84

PB (50m pool): 00:55.67 Antwerpen 27/02/2022

PB (25m pool): 00:53.84 SB: no time

50 M		100 M	
PB	no time	00:55.67	
	no time		
	

Coach feedback:

KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 9: 50M BACKSTROKE WOMEN 14+

Heat:1, starttime: 14:47

Heat: 1/2 Lane : 5 Athlete: ROSSEAU RINSKE

Q-time: 00:35:84

PB (50m pool): 00:35.84 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:35.61 SB: 00:37.90 Gent 08/02/2026

5 0 M	
PB	00:35.84
	00:35.84

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 14+

Heat:1, starttime: 14:47

Heat: 1/2 Lane : 6 Athlete: VAN HOUCKE IMKE

Q-time: 00:36:48

PB (50m pool): 00:36.48 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:34.44 SB: no time

5 0 M	
PB	00:36.48
	00:36.48

Coach feedback:

Event number: 10: 50M BACKSTROKE MEN 15+

Heat:1, starttime: 14:50

Heat: 1/2 Lane : 3 Athlete: CARIS EMIEL

Q-time: 00:34:68

PB (50m pool): 00:34.12 Brugge 02/03/2024 PB (25m pool): 00:33.56 SB: no time

5 0 M	
PB	00:34.12
	00:34.12

Coach feedback:

Event number: 10: 50M BACKSTROKE MEN 15+

Heat:2, starttime: 14:52

Heat: 2/2 Lane : 4 Athlete: KINO ERNEST

Q-time: 00:29:87

PB (50m pool): 00:29.38 Antwerp 21/01/2024 PB (25m pool): 00:28.02 SB: no time

5 0 M	
PB	00:29.38
	00:29.38

Coach feedback:

KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 11: 50M BUTTERFLY WOMEN 14+

Heat:1, starttime: 14:53

Heat: 1/3 Lane : 3 Athlete: DESMET MANON

Q-time: 00:39:33

PB (50m pool): 00:37.88 Antwerp 04/02/2024

PB (25m pool): 00:36.53 SB: no time

50 M	
PB	00:37.88
	00:37.88

Coach feedback:

Event number: 11: 50M BUTTERFLY WOMEN 14+

Heat:1, starttime: 14:53

Heat: 1/3 Lane : 5 Athlete: VAN GANSBEKE NORE

Q-time: 00:39:06

PB (50m pool): 00:42.43 Gent 08/02/2026

PB (25m pool): 00:39.06 SB: 00:42.43 Gent 08/02/2026

50 M	
PB	00:42.43
	00:42.43

Coach feedback:

Event number: 11: 50M BUTTERFLY WOMEN 14+

Heat:3, starttime: 14:56

Heat: 3/3 Lane : 6 Athlete: BHIJA NOOR

Q-time: 00:31:21

PB (50m pool): 00:30.75 Gent 08/02/2026

PB (25m pool): 00:30.95 SB: 00:30.75 Gent 08/02/2026

50 M	
PB	00:30.75
	00:30.75

Coach feedback:

Event number: 12: 50M BUTTERFLY MEN 15+

Heat:2, starttime: 14:58

Heat: 2/2 Lane : 3 Athlete: CARIS EMIEL

Q-time: 00:30:31

PB (50m pool): 00:30.31 Zwembad Brigitte Bécue 30/05/2025 PB (25m pool): 00:31.21 SB: no time

50 M	
PB	00:30.31
	00:30.31

Coach feedback:

KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 12: 50M BUTTERFLY MEN 15+

Heat:2, starttime: 14:58

Heat: 2/2 Lane : 5 Athlete: KINO ERNEST

Q-time: 00:27:96

PB (50m pool): 00:27.96 Zwembad Brigitte Bocue 30/05/2025 PB (25m pool): 00:27.61 SB: no time

5 0 M	
PB	00:27.96
	00:27.96

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+

Heat:3, starttime: 15:19

Heat: 3/4 Lane : 5 Athlete: DEPAEPE LANA

Q-time: 01:37:10

PB (50m pool): 01:33.26 Gent 08/02/2026 PB (25m pool): 01:32.37 SB: 01:33.26 Gent 08/02/2026

5 0 M		1 0 0 M
PB	00:44.40	01:33.26
	00:44.40	00:48.86

Coach feedback:

Event number: 14: 100M BREASTSTROKE MEN 11+

Heat:2, starttime: 15:26

Heat: 2/5 Lane : 5 Athlete: BHIJA NASSIM

Q-time: 99:99:99

PB (50m pool): no time PB (25m pool): no time SB: no time

5 0 M		1 0 0 M
PB	no time	no time
	no time	

Coach feedback:

Event number: 14: 100M BREASTSTROKE MEN 11+

Heat:4, starttime: 15:31

Heat: 4/5 Lane : 6 Athlete: BEEL NOAH

Q-time: 01:30:31

PB (50m pool): 01:30.31 Antwerpen 13/07/2025 PB (25m pool): 01:23.33 SB: no time

5 0 M		1 0 0 M
PB	00:44.77	01:30.31
	00:44.77	00:45.54

Coach feedback:

KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 15: 100M BACKSTROKE WOMEN 11+

Heat:3, starttime: 15:41

Heat: 3/4 Lane : 4 Athlete: VAN NEVEL LEONOR

Q-time: 01:17:14

PB (50m pool): 01:13.89 ANTWERPEN 23/04/2023

PB (25m pool): 01:11.91 SB: no time

5 0 M		1 0 0 M	
PB	no time	01:13.89	
	no time		
	

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+

Heat:3, starttime: 15:41

Heat: 3/4 Lane : 5 Athlete: ROSSEAU RINSKE

Q-time: 01:19:55

PB (50m pool): 01:17.89 Antwerpen 16/07/2023

PB (25m pool): 01:15.98 SB: no time

5 0 M		1 0 0 M	
PB	no time	01:17.89	
	no time		
	

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+

Heat:3, starttime: 15:41

Heat: 3/4 Lane : 6 Athlete: VAN GANSBEKE RHUNE

Q-time: 01:22:72

PB (50m pool): 01:22.72 Zwembad Brigitte Bucue 30/05/2025 PB (25m pool): 01:20.67 SB: no time

5 0 M		1 0 0 M	
PB	00:41.09	01:22.72	
	00:41.09	00:41.63	
	

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+

Heat:4, starttime: 15:43

Heat: 4/4 Lane : 3 Athlete: DERAEDT TILLE

Q-time: 01:15:44

PB (50m pool): 01:15.44 Antwerpen 13/07/2025

PB (25m pool): 01:13.93 SB: no time

5 0 M		1 0 0 M	
PB	00:37.34	01:15.44	
	00:37.34	00:38.10	
	

Coach feedback:

KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 17: 50M BREASTSTROKE WOMEN 14+

Heat:1, starttime: 16:01

Heat: 1/2 Lane : 3 Athlete: DEPAEPE LANA

Q-time: 00:43:72

PB (50m pool): 00:42.63 Gent 08/02/2026

PB (25m pool): 00:41.81 SB: 00:42.63 Gent 08/02/2026

50 M	
PB	00:42.63
	00:42.63

Coach feedback:

Event number: 17: 50M BREASTSTROKE WOMEN 14+

Heat:1, starttime: 16:01

Heat: 1/2 Lane : 5 Athlete: DESMET MANON

Q-time: 00:43:20

PB (50m pool): 00:41.66 Antwerpen 05/02/2023

PB (25m pool): 00:41.25 SB: no time

50 M	
PB	00:41.66
	00:41.66

Coach feedback:

Event number: 17: 50M BREASTSTROKE WOMEN 14+

Heat:2, starttime: 16:02

Heat: 2/2 Lane : 4 Athlete: CARIS MARTHE

Q-time: 00:37:25

PB (50m pool): 00:37.25 Antwerpen 27/07/2025

PB (25m pool): 00:35.94 SB: no time

50 M	
PB	00:37.25
	00:37.25

Coach feedback:

Event number: 17: 50M BREASTSTROKE WOMEN 14+

Heat:2, starttime: 16:02

Heat: 2/2 Lane : 5 Athlete: BHIJA NOOR

Q-time: 00:37:47

PB (50m pool): 00:38.19 Gent 08/02/2026

PB (25m pool): 00:37.47 SB: 00:38.19 Gent 08/02/2026

50 M	
PB	00:38.19
	00:38.19

Coach feedback:

KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 17: 50M BREASTSTROKE WOMEN 14+

Heat:2, starttime: 16:02

Heat: 2/2 Lane : 6 Athlete: VAN HOUCKE IMKE

Q-time: 00:40:67

PB (50m pool): 00:40.67 Zwembad Brigitte Bucue 30/05/2025 PB (25m pool): 00:39.60 SB: no time

50 M	
PB	00:40.67
	00:40.67

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 15+

Heat:1, starttime: 16:04

Heat: 1/1 Lane : 4 Athlete: DESMET MILAN

Q-time: 00:30:64

PB (50m pool): 00:30.45 ANTWERPEN 31/07/2022 PB (25m pool): 00:29.41 SB: no time

50 M	
PB	00:30.45
	00:30.45

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 15+

Heat:1, starttime: 16:04

Heat: 1/1 Lane : 5 Athlete: CARIS EMIEL

Q-time: 00:37:05

PB (50m pool): 00:37.05 Zwembad Brigitte Bucue 30/05/2025 PB (25m pool): 00:36.13 SB: no time

50 M	
PB	00:37.05
	00:37.05

Coach feedback:

Event number: 20: 100M BUTTERFLY MEN 11+

Heat:1, starttime: 16:10

Heat: 1/4 Lane : 5 Athlete: TACK THORBEN

Q-time: 99:99:99

PB (50m pool): no time PB (25m pool): no time SB: no time

	50 M	100 M	
PB	no time	no time	
	no time		
	

Coach feedback:

KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 20: 100M BUTTERFLY MEN 11+

Heat:4, starttime: 16:16

Heat: 4/4 Lane : 4 Athlete: DESMET MILAN

Q-time: 00:58:60

PB (50m pool): 01:00.30 Gent (Rozebroeken) 03/03/2024

PB (25m pool): 00:58.60 SB: no time

50 M		100 M	
PB	no time	01:00.30	
	no time		
	

Coach feedback:

Event number: 20: 100M BUTTERFLY MEN 11+

Heat:4, starttime: 16:16

Heat: 4/4 Lane : 5 Athlete: BHIJA TARIQ

Q-time: 00:59:07

PB (50m pool): 00:59.07 Antwerpen 27/07/2025

PB (25m pool): 00:57.04 SB: 00:59.54 Wezenberg 03/01/2026

50 M		100 M	
PB	00:27.85	00:59.07	
	00:27.85	00:31.22	
	

Coach feedback:

Event number: 21: 200M MEDLEY WOMEN 11+

Heat:1, starttime: 16:18

Heat: 1/3 Lane : 3 Athlete: VAN GANSBEKE NORE

Q-time: 99:99:99

PB (50m pool): no time

PB (25m pool): no time SB: no time

50 M		100 M	150 M	200 M	
PB	no time	no time	no time	no time	
	no time				
	

Coach feedback:

Event number: 21: 200M MEDLEY WOMEN 11+

Heat:3, starttime: 16:25

Heat: 3/3 Lane : 6 Athlete: VAN GANSBEKE RHUNE

Q-time: 02:56:22

PB (50m pool): 02:59.23 Antwerpen 14/07/2024

PB (25m pool): 02:56.22 SB: no time

50 M		100 M	150 M	200 M	
PB	no time	no time	no time	02:59.23	
	no time				
	

Coach feedback:

KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 22: 200M MEDLEY MEN 11+

Heat:1, starttime: 16:29

Heat: 1/4 Lane : 5 Athlete: TACK THORBEN

Q-time: 99:99:99

PB (50m pool): no time

PB (25m pool): no time SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback: