

# KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ 13:45      The listed starttimes are indicative!

Coaches: Boone Joris

Coaches: Van Gansbeke Wim    HEADCOACH

PB => Personal Best time                      SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 50M FREESTYLE WOMEN 14+			Heat:1, starttime: 14:00
Heat: 1/3    Lane : 3    Athlete: DEPAEPE LANA			Q-time: 00:34:93
PB (50m pool): 00:34.93    Zwembad Brigitte Becue 30/05/2025    PB (25m pool): 00:34.23 SB: 00:36.58    Brugge 01/02/2026			
	5 0 M		
PB	00:34.93		
	00:34.93		
	. . . . .		

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 14+			Heat:1, starttime: 14:00
Heat: 1/3    Lane : 5    Athlete: ROSSEAU RINSKE			Q-time: 00:33:37
PB (50m pool): 00:32.84    Gent (Rozebroeken) 03/03/2024    PB (25m pool): 00:32.66 SB: 00:33.08    Gent 08/02/2026			
	5 0 M		
PB	00:32.84		
	00:32.84		
	. . . . .		

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 14+			Heat:1, starttime: 14:00
Heat: 1/3    Lane : 6    Athlete: VAN GANSBEKE NORE			Q-time: 00:35:23
PB (50m pool): 00:34.36    Gent 08/02/2026    PB (25m pool): 00:32.45 SB: 00:34.36    Gent 08/02/2026			
	5 0 M		
PB	00:34.36		
	00:34.36		
	. . . . .		

Coach feedback:

# KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 3: 50M FREESTYLE WOMEN 14+										Heat:2, starttime: 14:01																					
Heat: 2/3    Lane : 6    Athlete: DERAEDT TILLE																				Q-time: 00:30:62											
PB (50m pool): 00:30.30    Gent 08/02/2026										PB (25m pool): 00:30.28 SB: 00:30.30    Gent 08/02/2026																					
		5 0 M																													
PB		00:30.30																													
		00:30.30																													
		. . . . .																													

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 14+							Heat:3, starttime: 14:02		
Heat: 3/3    Lane : 5    Athlete: BHIJA NOOR							Q-time: 00:28:35		
PB (50m pool): 00:28.35    Antwerpen    27/07/2025							PB (25m pool): 00:28.09SB: 00:28.59    Gent    08/02/2026		
	5 0 M								
PB	00:28.35								
	00:28.35								
	. . . . .								

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 15+						Heat:1, starttime: 14:04	
Heat: 1/2    Lane : 4    Athlete: CARIS EMIEL						Q-time: 00:27:46	
PB (50m pool): 00:27.10    Brugge 01/02/2026						PB (25m pool): 00:27.99SB: 00:27.10    Brugge 01/02/2026	
	5 0 M						
PB	00:27.10						
	00:27.10						
	. . . . .						

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 15+						Heat:2, starttime: 14:05	
Heat: 2/2    Lane : 4    Athlete: BHIJA TARIQ						Q-time: 00:25:28	
PB (50m pool): 00:25.25    Luxembourg    01/02/2026						PB (25m pool): 00:24.53 SB: 00:25.25    Luxembourg    01/02/2026	
	5 0 M						
PB	00:25.25						
	00:25.25						
	. . . . .						

Coach feedback:

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Event number: 6: 100M FREESTYLE WOMEN 11+			Heat:4, starttime: 14:20
Heat: 4/7 Lane : 4 Athlete: DESMET MANON			Q-time: 01:13:01
PB (50m pool): 01:13.01 Antwerp 02/02/2025			PB (25m pool): 01:10.02 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.10	01:13.01	
	00:35.10	00:37.91	
	. . . . .	. . . . .	

Coach feedback:

Event number: 6: 100M FREESTYLE WOMEN 11+			Heat:5, starttime: 14:21
Heat: 5/7 Lane : 5 Athlete: VAN GANSBEKE RHUNE			Q-time: 01:10:92
PB (50m pool): 01:10.92 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:08.58 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.27	01:10.92	
	00:34.27	00:36.65	
	. . . . .	. . . . .	

Coach feedback:

Event number: 6: 100M FREESTYLE WOMEN 11+			Heat:6, starttime: 14:23
Heat: 6/7 Lane : 3 Athlete: VAN NEVEL LEONOR			Q-time: 01:08:37
PB (50m pool): 01:06.39 GENK 24/07/2022			PB (25m pool): 01:03.85 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:06.39	
	no time		
	. . . . .	. . . . .	

Coach feedback:

Event number: 6: 100M FREESTYLE WOMEN 11+			Heat:7, starttime: 14:25
Heat: 7/7 Lane : 5 Athlete: CARIS MARTHE			Q-time: 01:01:25
PB (50m pool): 01:01.25 Antwerpen 27/07/2025			PB (25m pool): 01:00.51 SB: no time
	5 0 M	1 0 0 M	
PB	00:29.83	01:01.25	
	00:29.83	00:31.42	
	. . . . .	. . . . .	

Coach feedback:

# KZK Clubkamp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 7: 100M FREESTYLE MEN 11+			Heat:3, starttime: 14:32
Heat: 3/7 Lane : 3 Athlete: BHIJA NASSIM			Q-time: 01:15:80
PB (50m pool): 01:17.33 Gent 08/02/2026			PB (25m pool): 01:15.80 SB: 01:17.33 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:37.35	01:17.33	
	00:37.35	00:39.98	
	. . . . .	. . . . .	

Coach feedback:

Event number: 7: 100M FREESTYLE MEN 11+			Heat:4, starttime: 14:33
Heat: 4/7 Lane : 5 Athlete: TACK THORBEN			Q-time: 01:09:49
PB (50m pool): no time			PB (25m pool): 01:09.49 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	. . . . .	. . . . .	

Coach feedback:

Event number: 7: 100M FREESTYLE MEN 11+			Heat:5, starttime: 14:35
Heat: 5/7 Lane : 6 Athlete: BEEL NOAH			Q-time: 01:07:63
PB (50m pool): 01:07.63 Antwerpen 20/07/2025			PB (25m pool): 01:04.03 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.01	01:07.63	
	00:33.01	00:34.62	
	. . . . .	. . . . .	

Coach feedback:

Event number: 7: 100M FREESTYLE MEN 11+			Heat:7, starttime: 14:38
Heat: 7/7 Lane : 4 Athlete: DESMET MILAN			Q-time: 00:53:84
PB (50m pool): 00:55.67 Antwerpen 27/02/2022			PB (25m pool): 00:53.84 SB: no time
	5 0 M	1 0 0 M	
PB	no time	00:55.67	
	no time		
	. . . . .	. . . . .	

Coach feedback:

KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 9: 50M BACKSTROKE WOMEN 14+						Heat:1, starttime: 14:47	
Heat: 1/2    Lane : 5    Athlete: ROSSEAU RINSKE						Q-time: 00:35:84	
PB (50m pool): 00:35.84    Zwembad Brigitte Becue    30/05/2025    PB (25m pool): 00:35.61    SB: 00:37.90    Gent    08/02/2026							
	5 0 M						
PB	00:35.84						
	00:35.84						
	. . . . .						

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 14+					Heat:1, starttime: 14:47	
Heat: 1/2    Lane : 6    Athlete: VAN HOUCKE IMKE					Q-time: 00:36:48	
PB (50m pool): 00:36.48    Zwembad Brigitte Becue    30/05/2025    PB (25m pool): 00:34.44    SB: no time						
	5 0 M					
PB	00:36.48					
	00:36.48					
	. . . . .					

Coach feedback:

Event number: 10: 50M BACKSTROKE MEN 15+					Heat:1, starttime: 14:50	
Heat: 1/2    Lane : 3    Athlete: CARIS EMIEL					Q-time: 00:34:68	
PB (50m pool): 00:34.12   Brugge 02/03/2024					PB (25m pool): 00:33.56 SB: no time	
	5 0 M					
PB	00:34.12					
	00:34.12					
	. . . . .					

Coach feedback:

Event number: 10: 50M BACKSTROKE MEN 15+					Heat:2, starttime: 14:52	
Heat: 2/2    Lane : 4    Athlete: KINO ERNEST					Q-time: 00:29:87	
PB (50m pool): 00:29.38    Antwerp 21/01/2024					PB (25m pool): 00:28.02 SB: no time	
	5 0 M					
PB	00:29.38					
	00:29.38					
	. . . . .					

Coach feedback:

# KZK Clubkamp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 11: 50M BUTTERFLY WOMEN 14+					Heat:1, starttime: 14:53				
Heat: 1/3 Lane : 3 Athlete: DESMET MANON					Q-time: 00:39:33				
PB (50m pool): 00:37.88 Antwerp 04/02/2024					PB (25m pool): 00:36.53 SB: no time				
	5 0 M								
PB	00:37.88								
	00:37.88								
	. . . . .								

Coach feedback:

Event number: 11: 50M BUTTERFLY WOMEN 14+							Heat:1, starttime: 14:53		
Heat: 1/3 Lane : 5 Athlete: VAN GANSBEKE NORE							Q-time: 00:39:06		
PB (50m pool): 00:42.43 Gent 08/02/2026							PB (25m pool): 00:39.06 SB: 00:42.43 Gent 08/02/2026		
	5 0 M								
PB	00:42.43								
	00:42.43								
	. . . . .								

Coach feedback:

Event number: 11: 50M BUTTERFLY WOMEN 14+					Heat:3, starttime: 14:56				
Heat: 3/3    Lane : 6    Athlete: BHIJA NOOR					Q-time: 00:31:21				
PB (50m pool): 00:30.75    Gent 08/02/2026					PB (25m pool): 00:30.95 SB: 00:30.75    Gent 08/02/2026				
	5 0 M								
PB	00:30.75								
	00:30.75								
	. . . . .								

Coach feedback:

Event number: 12: 50M BUTTERFLY MEN 15+					Heat:2, starttime: 14:58				
Heat: 2/2 Lane : 3 Athlete: CARIS EMIEL					Q-time: 00:30:31				
PB (50m pool): 00:30.31 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:31.21 SB: no time									
	5 0 M								
PB	00:30.31								
	00:30.31								
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Coach feedback:

# KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 12: 50M BUTTERFLY MEN 15+		Heat:2, starttime: 14:58
Heat: 2/2 Lane : 5 Athlete: KINO ERNEST		Q-time: 00:27:96
PB (50m pool): 00:27.96 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:27.61 SB: no time		
	5 0 M	
PB	00:27.96	
	00:27.96	
	. . . . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+		Heat:3, starttime: 15:19
Heat: 3/4 Lane : 5 Athlete: DEPAEPE LANA		Q-time: 01:37:10
PB (50m pool): 01:33.26 Gent 08/02/2026 PB (25m pool): 01:32.37 SB: 01:33.26 Gent 08/02/2026		
	5 0 M	1 0 0 M
PB	00:44.40	01:33.26
	00:44.40	00:48.86
	. . . . .	. . . . .

Coach feedback:

Event number: 14: 100M BREASTSTROKE MEN 11+		Heat:2, starttime: 15:26
Heat: 2/5 Lane : 5 Athlete: BHIJA NASSIM		Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M
PB	no time	no time
	no time	
	. . . . .	. . . . .

Coach feedback:

Event number: 14: 100M BREASTSTROKE MEN 11+		Heat:4, starttime: 15:31
Heat: 4/5 Lane : 6 Athlete: BEEL NOAH		Q-time: 01:30:31
PB (50m pool): 01:30.31 Antwerpen 13/07/2025 PB (25m pool): 01:23.33 SB: no time		
	5 0 M	1 0 0 M
PB	00:44.77	01:30.31
	00:44.77	00:45.54
	. . . . .	. . . . .

Coach feedback:

# KZK Clubkamp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 15: 100M BACKSTROKE WOMEN 11+			Heat:3, starttime: 15:41
Heat: 3/4 Lane : 4 Athlete: VAN NEVEL LEONOR			Q-time: 01:17:14
PB (50m pool): 01:13.89 ANTWERPEN 23/04/2023			PB (25m pool): 01:11.91 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:13.89	
	no time		
	. . . . .	. . . . .	

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+			Heat:3, starttime: 15:41
Heat: 3/4 Lane : 5 Athlete: ROSSEAU RINSKE			Q-time: 01:19:55
PB (50m pool): 01:17.89 Antwerpen 16/07/2023			PB (25m pool): 01:15.98 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:17.89	
	no time		
	. . . . .	. . . . .	

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+			Heat:3, starttime: 15:41
Heat: 3/4 Lane : 6 Athlete: VAN GANSBEKE RHUNE			Q-time: 01:22:72
PB (50m pool): 01:22.72 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:20.67 SB: no time
	5 0 M	1 0 0 M	
PB	00:41.09	01:22.72	
	00:41.09	00:41.63	
	. . . . .	. . . . .	

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+			Heat:4, starttime: 15:43
Heat: 4/4 Lane : 3 Athlete: DERAEDT TILLE			Q-time: 01:15:44
PB (50m pool): 01:15.44 Antwerpen 13/07/2025			PB (25m pool): 01:13.93 SB: no time
	5 0 M	1 0 0 M	
PB	00:37.34	01:15.44	
	00:37.34	00:38.10	
	. . . . .	. . . . .	

Coach feedback:



# KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 17: 50M BREASTSTROKE WOMEN 14+					Heat:1, starttime: 16:01				
Heat: 1/2 Lane : 3 Athlete: DEPAEPE LANA					Q-time: 00:43:72				
PB (50m pool): 00:42.63 Gent 08/02/2026					PB (25m pool): 00:41.81 SB: 00:42.63 Gent 08/02/2026				
	5 0 M								
PB	00:42.63								
	00:42.63								
	. . . . .								

Coach feedback:

Event number: 17: 50M BREASTSTROKE WOMEN 14+						Heat:1, starttime: 16:01	
Heat: 1/2    Lane : 5    Athlete: DESMET MANON						Q-time: 00:43:20	
PB (50m pool): 00:41.66    Antwerpen 05/02/2023						PB (25m pool): 00:41.25 SB: no time	
	5 0 M						
PB	00:41.66						
	00:41.66						
	. . . . .						

Coach feedback:

Event number: 17: 50M BREASTSTROKE WOMEN 14+					Heat:2, starttime: 16:02				
Heat: 2/2 Lane : 4 Athlete: CARIS MARTHE					Q-time: 00:37:25				
PB (50m pool): 00:37.25 Antwerpen 27/07/2025					PB (25m pool): 00:35.94 SB: no time				
	5 0 M								
PB	00:37.25								
	00:37.25								
	. . . . .								

Coach feedback:

Event number: 17: 50M BREASTSTROKE WOMEN 14+					Heat:2, starttime: 16:02				
Heat: 2/2   Lane : 5   Athlete: BHIJA NOOR					Q-time: 00:37:47				
PB (50m pool): 00:38.19   Gent 08/02/2026					PB (25m pool): 00:37.47 SB: 00:38.19   Gent 08/02/2026				
	5 0 M								
PB	00:38.19								
	00:38.19								
	. . . . .								

Coach feedback:

# KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 17: 50M BREASTSTROKE WOMEN 14+						Heat:2, starttime: 16:02	
Heat: 2/2    Lane : 6    Athlete: VAN HOUCKE IMKE						Q-time: 00:40:67	
PB (50m pool): 00:40.67    Zwembad Brigitte Becue    30/05/2025    PB (25m pool): 00:39.60    SB: no time							
	5 0 M						
PB	00:40.67						
	00:40.67						
	. . . . .						

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 15+					Heat:1, starttime: 16:04										
Heat: 1/1    Lane : 4    Athlete: DESMET MILAN					Q-time: 00:30:64										
PB (50m pool): 00:30.45    ANTWERPEN 31/07/2022										PB (25m pool): 00:29.41 SB: no time					
	5 0 M														
PB	00:30.45														
	00:30.45														
	. . . . .														

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 15+					Heat:1, starttime: 16:04	
Heat: 1/1 Lane : 5 Athlete: CARIS EMIEL					Q-time: 00:37:05	
PB (50m pool): 00:37.05 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:36.13 SB: no time						
	5 0 M					
PB	00:37.05					
	00:37.05					
	. . . . .					

Coach feedback:

Event number: 20: 100M BUTTERFLY MEN 11+				Heat:1, starttime: 16:10	
Heat: 1/4 Lane : 5 Athlete: TACK THORBEN				Q-time: 99:99:99	
PB (50m pool): no time				PB (25m pool): no time SB: no time	
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
	. . . . .	. . . . .			

Coach feedback:

KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 20: 100M BUTTERFLY MEN 11+				Heat:4, starttime: 16:16
Heat: 4/4 Lane : 4 Athlete: DESMET MILAN				Q-time: 00:58:60
PB (50m pool): 01:00.30 Gent (Rozebroeken) 03/03/2024				PB (25m pool): 00:58.60 SB: no time
	5 0 M	1 0 0 M		
PB	no time	01:00.30		
	no time			
	. . . . .	. . . . .		

Coach feedback:

Event number: 20: 100M BUTTERFLY MEN 11+				Heat:4, starttime: 16:16
Heat: 4/4 Lane : 5 Athlete: BHIJA TARIQ				Q-time: 00:59:07
PB (50m pool): 00:59.07 Antwerpen 27/07/2025				PB (25m pool): 00:57.04 SB: 00:59.54 Wezenberg 03/01/2026
	5 0 M	1 0 0 M		
PB	00:27.85	00:59.07		
	00:27.85	00:31.22		
	. . . . .	. . . . .		

Coach feedback:

Event number: 21: 200M MEDLEY WOMEN 11+				Heat:1, starttime: 16:18
Heat: 1/3 Lane : 3 Athlete: VAN GANSBEKE NORE				Q-time: 99:99:99
PB (50m pool): no time				PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	no time	no time	no time	no time
	no time			
	. . . . .	. . . . .	. . . . .	. . . . .

Coach feedback:

Event number: 21: 200M MEDLEY WOMEN 11+				Heat:3, starttime: 16:25
Heat: 3/3 Lane : 6 Athlete: VAN GANSBEKE RHUNE				Q-time: 02:56:22
PB (50m pool): 02:59.23 Antwerpen 14/07/2024				PB (25m pool): 02:56.22 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	no time	no time	no time	02:59.23
	no time			
	. . . . .	. . . . .	. . . . .	. . . . .

Coach feedback:

KZK Clubkmp 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 22: 200M MEDLEY MEN 11+					Heat:1, starttime: 16:29
Heat: 1/4 Lane : 5 Athlete: TACK THORBEN					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
	. . . . .	. . . . .	. . . . .	. . . . .	

Coach feedback: